

RED TIGER

MARTIAL ARTS

#102, 15326 – 103A Ave. , Surrey

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www.redtigersurrey.com

October 2011

Theme: Responsibility

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2011

Theme: Humility

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

 Closed
 Event
 ★ Bootcamp Start

	Monday	Tuesday	Wednesday	Thursday		Saturday
3:15-4pm		3-6 Tiny Tigers		3-6 Tiny Tigers		
4 - 5pm	9-12 Traditional	6-9 Traditional	9-12 Traditional	6-9 Traditional	9 - 10am	Traditional
5 - 6pm	6-9 Traditional	9-12 Traditional	6-9 Traditional	9-12 Traditional	10 - 11am	6-12 Traditional
6 - 7pm	3-6 Tiny Tigers	Kickboxing	3-6 Tiny Tigers	Kickboxing	11 - 12pm	Kickboxing
7 - 8pm	Traditional	Traditional	Traditional	Traditional	12:30 - 2pm	BJJ
8 - 9pm	Kickboxing	BJJ 8:00 - 9:30	Kickboxing	BJJ 8:00 - 9:30		

- Oct. 3-6 - Friends and Family Week
- Oct. 8-10 - Thanks Giving weekend, No Classes
- Oct. 17 - **BOOTCAMP** Starts
- Oct. 29 - Testing
- Oct. 31-Nov.5 - **Sparring Week**
- Nov. 8 & 9 - Photo Day
- Nov. 28-Dec. 3 - **Sparring Week**



Friends and Family Week October 3 to 6

Share the experience! Family and friends are welcome to come and try a free week of martial arts. Learn some basic strikes and kicks and a little bit of self defense in a fun and safe environment.

BETTER BODY BOOTCAMP Begins October 17

This camp is a month long commitment to creating a leaner, fitter you. Classes are taught at multiple skill levels and participants range from novice to advanced ability. Find your inner athlete!

Testing on October 29

Students should arrive 15-20 min before testing. Family members and Guests are encouraged to attend in support. Kickboxing will begin 30 minutes later than usual on this day

Photo Day - November 8 & 9

Ever wish you had a picture of you doing flying sidekicks through flames? Who hasn't! You're in luck. During classes on November 7th and 8th we will have a photographer in the dojo taking action shots and portraits of everyone in attendance. There is no cost (unless you choose to buy photos) and every student gets a free bag-tag with their own photo on it (no students will be set aflame in the taking of these photos).

Day of Awesome - Dec 17

Best. Class. Ever.

You and your family are invited to the dojo on Saturday December 17th from 10am to 12pm.

There will be games.

There will be contests.

There will be prizes, student awards, and belt promotions.

Everyone is welcome to participate and/or watch – refreshments will be provided. If you are planning to attend, please sign up on the list available at Red Tiger, or email us the number of people you will be bringing with you.